



P.O. Box 62, Central Stn
 Halifax, NS B3J 2L4
 (902) 423-0323

2015 University Rowing Membership Form

BOTH pages to be filled out, SIGNED and handed with PAYMENT attached

Name: _____ Street Address: _____

City: _____ Postal Code: _____ E-Mail: _____

Phone: (H) _____ (W) _____ (C) _____

Date of Birth (D/M/Y): ____ / ____ / ____ RCA # : _____

UNIVERSITY PROGRAM FEES

Learn-to-row (includes coaching, equipment, insurance, race entry, RowNS fee & t-shirt) \$160 \$ _____

- Monday / Wednesday Evenings:
- Tuesday / Thursday Evenings:

Varsity (includes coaching and equipment) \$170 \$ _____

- **RCA Comp Varsity only** (if rower has not already paid RCA Comp fee in 2015) \$40 \$ _____
- **Regatta fees Varsity only** \$100 \$ _____

Novice (includes coaching and equipment) \$170 \$ _____

Additional Fees for Both Novice and Varsity

Fundraising fee \$25 \$ _____

RCA Fee (if rower not registered to row with another Canadian Rowing Club in 2015) . . . \$10 \$ _____

RowNS fee (if rower not registered to row with a Nova Scotia Rowing Club in 2015). . . . \$10 \$ _____

TOTAL PAID: by cheque # _____ by cash _____ \$ _____

EMERGENCY CONTACT INFORMATION:

Name: _____ Address: _____

Phone: _____(H) _____(W) _____(C)

MEDICAL INFORMATION: Known Medical Conditions/Allergies: _____

Emergency Treatment for above Medical Conditions/Allergies (e.g. Puffer, epi-pen etc.): _____

No refunds for Membership or LTR fees except for medical or other exceptional circumstances.

Halifax Rowing Club Rules, Terms, Code of Conduct and Release of Liability

Risks, Rules, Terms and Declaration/Agreement:

1. Rowing in a cold water environment has unavoidable risks, including but not limited to hypothermia and drowning.
2. Participating in rowing is physically demanding, including but not limited to: heavy lifting (boats, motors and weights), rowing, cold water immersion/survival swimming. Rowers are responsible for self-testing and seeking medical advice before beginning if needed.
3. Rowers must adhere to boating regulations and all rules, by-laws and the Constitution of the Halifax Rowing Club.
4. Fees must be paid in full before going out on the water. Fees paid to Halifax Rowing Club will not be returned.
5. Halifax Rowing Club, Manager(s), Coach(es) and Executive may make or amend rules, develop schedules or impose limitations on the use of equipment or facilities for: safety reasons, or to promote club development or activities.
6. Smoking is prohibited on the boathouse deck and in the clubhouse. Rowers are responsible for their visitors.

I declare that:

- I am medically fit and well prepared to participate in rowing related activities.
- I can don a life-jacket and do survival swimming in a cold water environment.
- I will act only in ways that ensure my safety, the safety of all others, and the protection of the property of the club and its members.

I have read and understand the Risks, Rules and Terms and agree to accept every risk and abide by all rules and terms.

I also agree to hold the Halifax Rowing Club, its employees, officers, members and associates, blameless for every injury or harm; and for loss or damage to every property, however caused.

Signature: _____
Applicant OR parent/legal guardian if applicant is under the age of 18.

Date: _____

Witness: _____

Date: _____

Halifax Rowing Club (HRC) Privacy Policy (For more details see the HRC Privacy Policy)

- I grant HRC permission to share my contact information with other HRC members for the purpose of arranging crews and practice times
- I grant HRC permission to use my personal information within HRC to receive solicitations, advertisements, and event notices from HRC (e.g. Annual HRC Equipment Appeal, social events, regattas, etc.)
- I grant HRC permission to provide RowNS with my name, gender and age for the purposes of regatta race scheduling and regatta results / statistics.
- I grant permission to HRC and RowNS to post my name and image on their respective websites in relation to regattas schedules, regatta races, results results/statistics, award ceremonies, or other Club or rowing related events.

Member signature: _____ Date: _____
Applicant OR parent/legal guardian if applicant is under the age of 18.

Code of Conduct

Halifax Rowing Club promotes rowing as a lifelong sport for fitness, skill development, competition, fun and friendship. The Club is a community-based organization and offers opportunities to row to as wide a range of community members as possible.

Rowing is one of Canada's oldest sports and a long-standing tradition on the Northwest Arm. Those who have participated in it over the years have built its reputation for good sportsmanship. The discipline and teamwork required to excel at rowing promote values that are traditional to the sport and an example for life — excellence, fairness, integrity, mutual respect and individual responsibility.

Rowers and coaches will pursue the sport of rowing while paying regard to their responsibilities to other rowers and the Halifax Rowing Club.

Responsibilities to the Club

Rowers shall:

1. conduct themselves in a manner that ensures respect for the rower and the Halifax Rowing Club
2. show respect to opponents, athletes and coaches
3. use Club equipment as directed, with care and will not knowingly put equipment at risk of being damaged
4. act to keep the boathouse in a clean and tidy condition and to protect the boathouse and its contents from damage and theft
5. recognize the Board as the authority over the Club's policies, procedures and financial affairs
6. pay all fees in a timely manner
7. when possible, assist the Club in a voluntary capacity, especially with respect to fundraising.

Responsibilities to Others

Rowers shall:

1. conduct themselves in a manner that contributes to a positive, sporting atmosphere
2. when in a crew, work with other crew members to assure the safety of the rowers and equipment
3. recognize the coach as the authority over decisions on crews, practices and safety
4. follow instruction of the coach, coxswain or bow seat rower
5. take appropriate action when a safety hazard is identified.

I have read and agree to abide by the Code of Conduct.

Signature: _____

Date: _____